

Social Media, Multitasking and Academic Performance*

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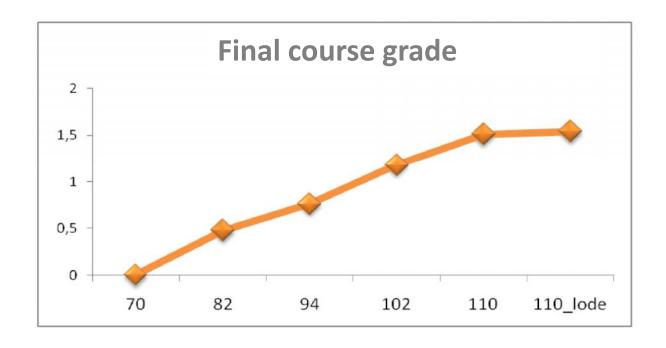
BSD

University of Siena

Italy

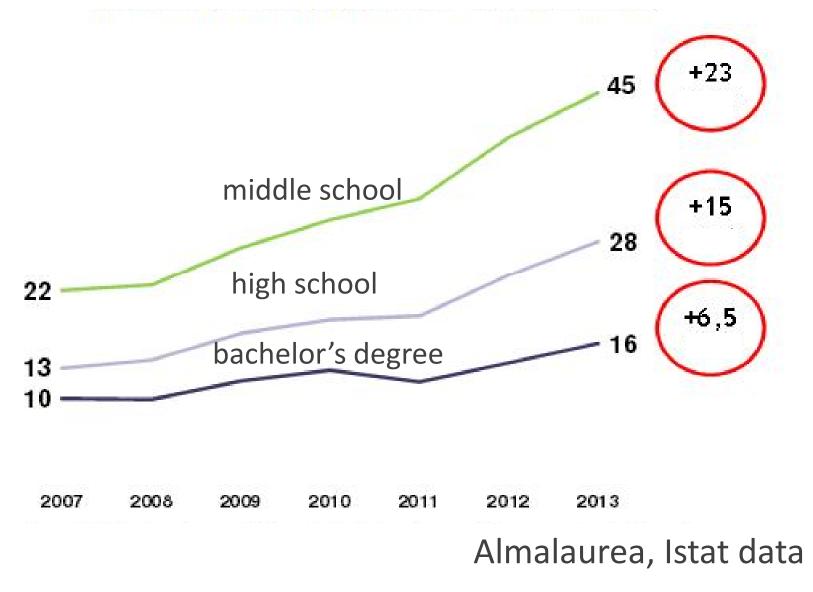
Nov, 22nd, 2014

Academic performance is related to job opportunities



Fondazione Agnelli, 2012

Unemployments rates



Younger generations are characterised by a variety of emerging behaviours

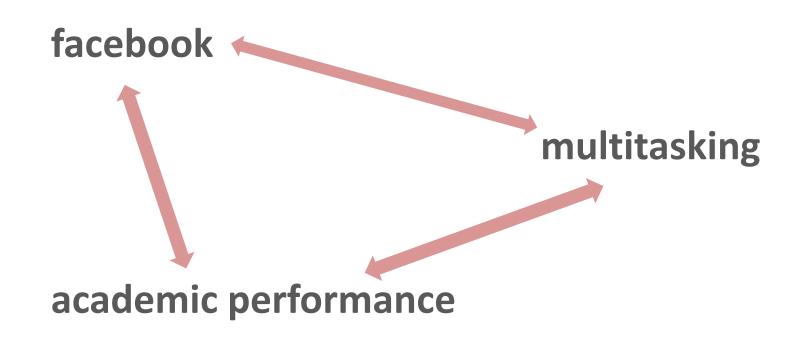
Use of social media



Younger generations are characterised by a variety of emerging behaviours

Multitasking





856 questionnaires



450 questionnaires

Demographical questions

Facebook use questionnaire (Junco, 2012)

Media Multitasking Index (Ophir et al., 2009)

Time spent on facebook and time dedicated to studying

- average time spent daily on Facebook (hours);
- average time dedicated to studying (hours)
- hours spent on facebook yesterday;
- hours of studying yesterday;
- average number of daily FB checks;
- number of FB checks *yesterday*

Frequency of participation in various Activities on Facebook

- Playing games
- Posting status updates
- Sharing links
- Sending private messages
- Commenting (on statuses, pictures, etc.)
- Chatting on Facebook chat
- Posting photos /videos
- Tagging photos/videos
- Viewing photos/videos

Media Multitasking Index (Ophir et al., 2009)

average number of hours spent weekly using different media:

- social networks,
- TV,
- video on a computer,
- music,
- videogames,
- telephone,
- instant messaging software,
- sms (i.e., text messages),
- e-mail,
- web,
- other PC applications

Secor activ Primary activity		social networks	TV	video on a computer	music
social networks	5		1	1	4
TV					
Video on a computer					
music					

Results

Age (years)	21.83
GPA (grade point average)	26.24
CFU (Acaedmic Credits)	93.58
Time studying (min/day)	304.31
Time studying yesterday (min/day)	242.52
Academic year	2.59
Time on FB (min/day)	136.9
Time on FB yesterday (min/day)	99.31
Nuber of FB check (daily)	9.77
Media Multitasker Index (MMI)	4.14

Results

Social Networks (hours/week)	12.42
TV (hours/week)	9.77
Video (hours/week)	6.33
Music (hours/week)	13.27
Videogames (hours/week)	3
Telephone (hours/week)	4.94
Instant Messaging (hours/week)	16.8
SMS (hours/week)	8.12
E-mail (hours/week)	3.02
Web (hours/week)	15.83
other PC application (hours/week)	11.56

Results (use of media)

GPA (grade point average) is negatively correlated with

- Watching tv
- Listening to music
- Using applications for istant messaging

Results (use of Facebook)

GPA (grade point average) is negatively correlated with

- Use of facebook
- Posting comments on (photos, videos...)

And positively correlated with

Sending private messages

Results

GPA is not correlated with Media Multitasking Index

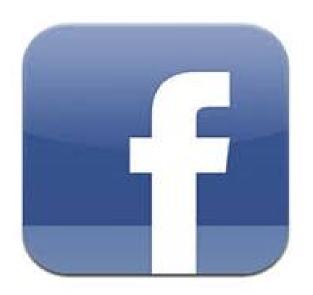


Results

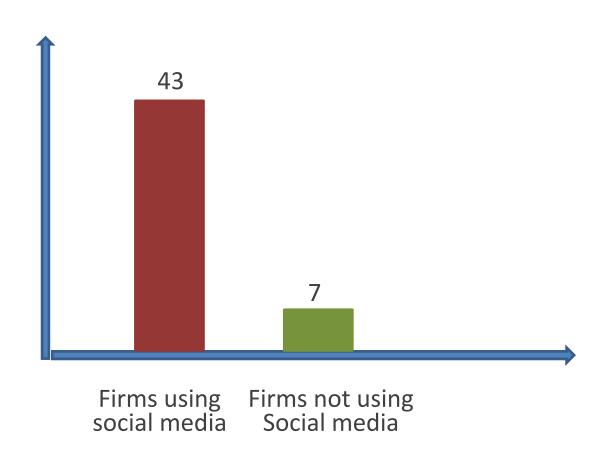
GPA is not correlated with time spent studying

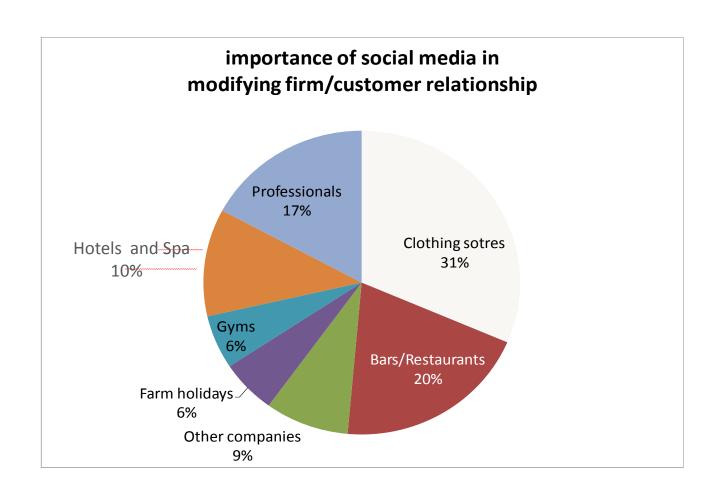


Specific use of facebook are related to positive outcomes while others are related to negative ones

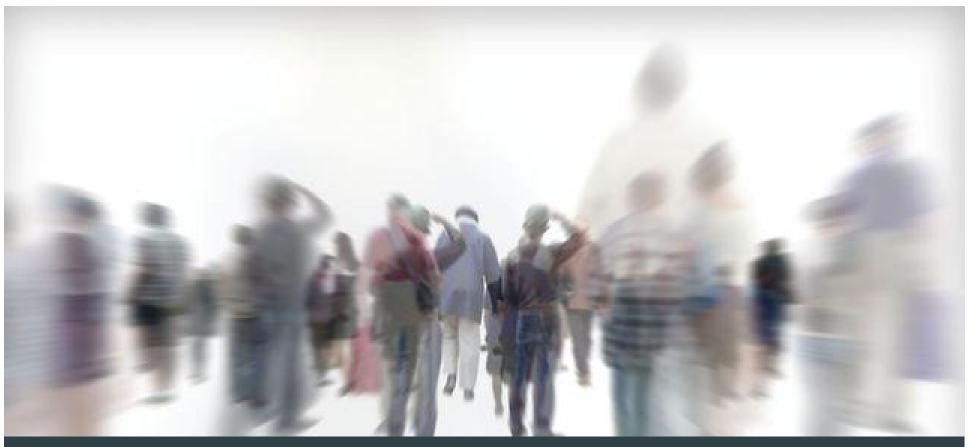


Survey 50 Small and Medium Enterprises





Educational systems do not seem able to take into account student usual behaviours in order to improve their effectiveness



* I would like to aknowledge the fundamental contribution of Viola Periccioli, Eleonora Bardelli and Stefano Guidi in the realization of the studies reported here